

## **Aloe vera - a wound healer**

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**Abstract:** Wound healing is a dynamic process. The use of aloe vera in wound healing is being considered in many studies. The aim of this comprehensive review is to present an update about the mechanism of action of aloe vera in wound healing. Aloe vera contains important ingredients necessary for wound healing, such as vitamin C and E, amino acids and zinc. Aloe vera affects various factors involved in wound healing and promotes healing.

**Keywords:** Aloe vera, wound healing.

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